

**VOL 3**

**CAP\_PEDIA**

**LIFE - JOURNEY**

*Easier to Understand,  
difficult to live*



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# CAP\_PINTEREST

Cap\_pinterest is the platform for Artists, and art is not specified as sketching or drawing, its about everything which can be present in a beautiful way. This is for those who want to explore their creativity, learn new ideas. We all know that, Art is very important in our life, it gives meaning to our lives and helps us to understand the world. We always enjoy the beautiful moments in our life, but its all about presentation. Thats our life too, how it present things in our Journey. Sunrise is an art, birds sound is an art, and even cooking is an art. That's how our success and failure in our journey totally depends on Art.

CAPPINTEREST is just a platform which can show you the importance of Art and giving you ideas to improve.

A hand is shown holding a map of California. The map is the background, showing various cities, roads, and geographical features. Overlaid on the map is text in different colors and fonts. A dashed white line is positioned below the first line of text.

**OUR SPONSOR**

**POPBAANI**

OUR SPONSOR & TEAM OF AN ARTISTS

**PARUL GUPTA**

OUR SPONSOR & PURANI DILLI KI ARTIST

**MADHAVI SINGH**

OUR SPONSOR & MANDALA ARTIST

**SHADOWSONWHITE**

OUR SPONSOR & UPCOMING TEACHER



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# POPBAANI

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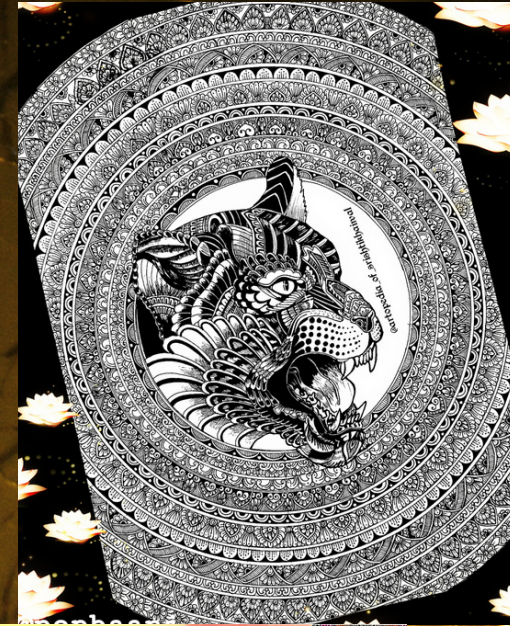
PopBaani is a small team of artists who want everyone to fall in love with the extremely intricate yet simple art form of Madhubani.

It was started with the express purpose of marrying the traditional art form of Madhubani with other types of art forms to create artworks that are not only aesthetically pleasing but also spark, inspiration.

Our purpose is to show the versatility of this art form and differentiate between traditional

Madhubani art and natural doodling. We are aiming to inculcate the love for this beautiful artwork through our artworks and numerous workshops.

Visit us at @popbaani on social media and get all your artistic needs fulfilled.



# PARUL GUPTA

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## OUR SPONSORS

I am an artist from Puraani Dilli, graduated from Tecnia Institute Of Advanced Studies in Bachelors of Fine arts and was mainly into study of Visual arts and painting. The struggle was real at that point of time for getting a job for an artist. Then after a while I got a job as a Teacher of art and craft in KIIT WORLD SCHOOL, Pitampura, Delhi and I worked nearly for three years and then due to some circumstances I had to leave job due to marriage. And now its been three years I have been parenting a baby daughter and with that I am currently doing freelance work.

I have an passion for an art since I was a child. Making artworks , painting and drawing was one of the major routines in my childhood. I was eager and would spend hours in it. My art experience which I acquired by teaching myself most of the time and later with the guidance from professional artists when I was completing my BFA and that has driven me to experiment in various art media and explore themes and styles. As an artist , I feel that I have a sort of obligation to search for ideas that have aesthetic values , that develop and sharpen my understanding of the outside world, its like a never ending quest. I have recently started creating Mandala and with this current situation in the outside world, this mandala brings peace to me , looking at them will give you feeling of calmness and help with concentration. Another thing they do is push aside thoughts and let your creativity flow and the way all the shapes and designs are laid out brings a feeling of balance.



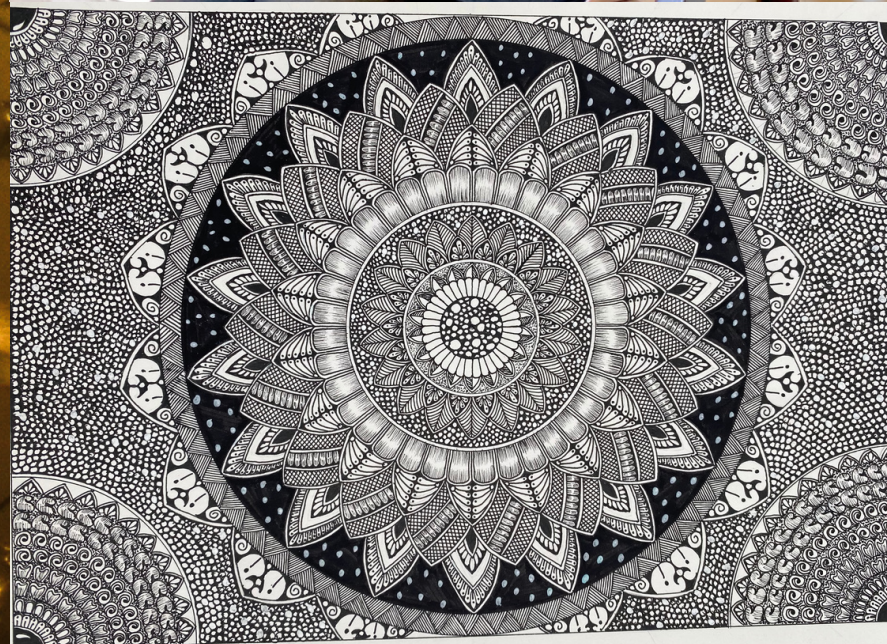


# MADHAVI SINGH

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I'm Madhavi Singh, the owner of @mad\_artnature. I'm a mandala artist and illustrator but I can say that I am still learning . I have always loved creating and making mandalas. One year before I started my journey and opened this page where I post my artwork and share it to the world.

Art help me to express myself....it's like a therapy to me. I never thought I would be able to chase my hobby so well. I have learnt many other art forms. I got so much appreciation n support from all my insta friends n family.



# SHADOWSONWHITE

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Hey, Myself Raji and I'm basically into mandala art and self thought, I love all art forms, the journey of my art begins during lockdown period. I enjoy working with different types of mediums like watercolor, gouache, geometric art, dot painting, sketching, pen art etc..

My dream is to teach artwork to peoples and would like them to realize the way I felt during doing the art, it helps us to understand ourselves and develop empathy. And dream to have a art studio with lots of different stationery. Enjoy the little things ,for one day you may look back and realize they were the big things.





# SRITOMA ROY



My journey has started from 2016 as a cabin crew, I did my summer internship from 2015 in K.N.I Airport. I was 19th when I got the chance to fly as a cabin crew with zoomair. It was an amazing experience altogether few ups and downs. But as a person I grew up and my personal growth. I came to the city called Delhi with lots of dream in my eyes. And zoomair helped me a lot to get my path of success.



I have many more to achieve and I am on my way to do. I have people to love who support me a lot to go through.

I am passionate about modeling my achievement in this field, did few good projects shows and shoot, hoping for the best. Many more to come. And I welcome them all with open arms.



# MINK SINGH CHAUHAN



I'm Mink Singh Chauhan (Mink Malvika) and I live in Delhi. I am currently pursuing MCA and I love to paint. I started drawing at the age of 3.

Initially, it was just some scribbles just like any other kid but my uncle helped me shape my skills. As I grew older I became more focused on study than any other activity. After 5th standard, I just left drawing as a subject but never quit it. I used my ideas and skills in other ways which were always appreciated by my teachers. But after taking science I hardly found time to be connected towards drawing. 11th & 12th are a crucial point for the career. So, I eventually became more focused in studies and left all the colours behind.

After doing 12th I got some time before starting my college life and this was the time I again started drawing and playing around with colours.



Eventually, in my college, I became the creative head in two of my societies MANTRANA DEBSOC and PHYSCOM SOCIETY. I won the wall painting competition in my college and the title of most talented. I also started a page on Instagram @artastic\_canvas and ultimately in this lockdown, I started a channel on YouTube, Artastic Canvas with the support of my friends and family so that I can inspire creative minds like me. Not only this, but lockdown also helped me grow more and learn different art mediums. These days I'm using watercolours and oil paints.

Managing studies along with painting was always a challenge but if you are passionate about something you always find a way. Moreover, art helps me escape from reality and helps to relax. In fact, I recommend everyone to paint even if you have no professional training, it's the best way to relax.



# NITESH PAHUJA

Myself Nitesh Pahuja , I am 28 years old ..I am from ulhasnagar , mumbai. Yes , My Face and Age Doesn't Match because I have rare Disorder called Thalassemia Major , i Take blood Transfusion every 15 days ..for whole life

It is genetic . Due to This I Get To Meet Bollywood celebs with help of NGO. I also Give Sketches To Some Celebs like Akshay kumar , Ranveer singh , Sonakshi sinha , and Arjun kapoor. I love to do art from my childhood. I Take Commission work Too for my Living and take some drawing classes for school kids. Some time

due to Low energy and Low hemoglobin I Don't get enough energy to work continue but I Am Fighter. I spend my life on my art. My Art Style is Portraits

Mostly I use Charcoal , Graphite , pencil colors and Oil Pastel .my favorite Artist in Instagram, sunny sohan, shierly, sourav joshi arts

In my free Time I like Cooking , delicious dishes

I also done , elementary intermediate Drawing Exam , and Photoshop c ourse.I hope you love my story , and his struggle s ..s ♥.d s



# RASHIDA VORA

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Creative takes courage".

My name is Rashida S Vora. I am teacher by profession and artist by passion. I am a self taught artist. My journey started in lockdown . But I used to love drawing cartoons.

Drawing mandala brings calmness in me . Within 1 or 2 months time I found lot of changes in my drawing.

This art form let's one increase their patience level and also lead into meditative environment. Inspite of my busy schedule I try to remove time and do atleast 2 manadala in a week.

Other than mandala I do hand embroidery and fabric painting also.

So matter how busy we should not live our passion behind and try to enhance it.



# NIHARIKA JAIN

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I am Niharika, an art enthusiast and a very passionate artist. This is the art story of a girl who started playing with colors when she was just 5. At that point of time, I used to just draw basic things and do all sort of those messed up coloring like any other child does. Never ever

I thought or actually knew that those messed up coloring books would take a big leap and change into something that I would be so passionate about doing. I remember I used to be a creative mind but surprisingly I hated painting when I was young because that asked for a lot of patience and I didn't have any! But my family knew that I had good skills and tried putting me into art classes so that I could sharpen up my skills further and maybe had an open option after school if I wanted to change my line at any point of time. The words always fell on deaf ears and I used to leave going to those classes after 1-2 days each time. I finished twelfth standard and entered college. I used to do art on and off but was never consistent and only used to make artworks for me and my family until I thought of creating an art page in lockdown last year. The basic idea behind it was to showcase my work and the opportunity of reaching out to more number of people. But it wasn't the way I thought, it was so tough and still it is. The algorithm changed making it even worse. But you don't discontinue what you love doing, right?



# NIHARIKA JAIN

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@ artistically sane

After some months, I got admission in masters. I initially thought that I would easily do away with managing both studies and art but noooo...this thing drives you crazy. But you do anything possible to achieve what you left behind plus the fact that I don't want to have the regret of leaving this now just because of time crunch. To manage both things at the same time takes a lot of hardwork, working when you don't even wish to, messed up sleep schedules just in the hope that it would turn and mean so much one day. I am doing masters in biomedical sciences and managing art at the same time because artist with science degree sounds interesting, right?

I love trying out new art styles and mediums and have tried my hands on acrylics on canvas, fluid art, realistic paintings, mandalas, dot mandalas, Indian traditional paintings, hand painted plates and occasionally sketches too, and have kept my paintings open for sale as well. I have a mini art gallery at my home too in which I have got some of my paintings framed put on walls.

No matter how difficult, but you gotta follow your passion and work hard because sooner or later, success is gonna come your way for sure. And I really hope to expand my passion into something big some day, sending love and happiness through my work.

# POOJA SIJUU

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I am Pooja Sijuu. Born and brought up in the city of dreams Mumbai. Like the name of the city my dreams was always high.

I was good in academics but from my childhood I always wanted to be a model and a beauty queen.

I completed my graduation and after that took admission for LL.B After clearing the entrance exam of Law, I realized Law is not my cup of tea. Later on I switched my Profession and became a Cosmetologist.

Essence Beauty is the name of my Venture. The most beautiful soul in my life is my mos.

She did not gave birth to me but is more then a mother. She always stood by me no matter what, and supported my every decision. She is my backbone. I have now

became a renowned Cosmetologist and now i am fulfilling my childhood dreams. I have done few assignments with Myntra

And Jabong. I am finalist of Queen of Mumbai 2021. And Glamour India 2021.

I have always learned one thing from my mos since i was a kid.

"When your zeal is high nothing in the world can stop you".

Since my childhood I always wanted to go into beauty pageant. I was the beauty queen of my college. Thirty girls participated in that contest in college and out of those thirty girls i won the crown.

This year i have participated in Queen of Mumbai 2021. I gave audition for this pageant and I am in top ten now

Same goes with another pageant Glamour India 2021.

This year i have received India's Strong women Award from India's Diva Award.



# AKANKSHA GUPTA

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I am Akanksha Gupta , a Self-taught artist from Satna, Madhya Pradesh. I was good at drawing from childhood, I used to scribble cartoons and face, means painting and crafting was my favorite hobby, but neither me and my parents ever dreamt me as an artist. After Graduating as engineer and preparing for banking, when failed in my attempts, realized these two are not my cup of tea. I made a Facebook page years back just for fun and sharing art. After a gap of 3years again started sketching, watching tutorials on social media platforms helped me learn a lot. Within 4 months I was getting Commission works then there's no looking back. I usually work on realism with color pencils, watercolour, Acrylic and oil. Realistic Portraits is my specialty. I love to learn something new every day. So I am still exploring new mediums and crafting. Since 2 years now m working as an art educator taking online and offline classes. I enjoy my art time a lot whether it's teaching or creating art.

AKANKSHA ARTS



# • JOURNEY, it's easier to understand • • and difficult to live •



Easier to understand , difficult to live....  
It's about the journey. Though, while making this magazine.. I too started thinking about my Journey. Yeah, We all have countless demands, some dreams and have many desires in our life... It's all about thought , choice and actions!..... That's life, that's journey. Being in this life journey ,you fall, you rise, you make mistakes, you live ,you learn alot....

Sometimes there is sadness in our life but there is also lots of beauty. It's just the part of life either you achieve or loose something in this journey ....but....We must keep putting one foot in front of the other even when we hurt... because we will never know what is waiting for us just around the bend.

My philosophy is:- life is hard for everyone but if you work hard then you'll get a nice Reward at the end of it....it will be priceless & memorial for you .....and everyone have that moments .....mine is .....

My 1st magazine ....my website .....and the proud face of my parents after seeing every small success

The quick happiness tips of life

- Life is a game - play it
- life is a challenge - meet it
- life is a dream - realize it
- life is a sacrifice - offer it
- life is love - enjoy it

Life is good ! Live it well !

Because the only real and true understanding of life is to enjoy it .....