

*CAP
PINTEREST*



CAP PEDIA

EVERY TALENTS, WE CARE

Vol. 1

ABOUT FOUNDER



Mayank Jain

Founder of Cap Pinterest

Things will change...

Things were quite different when this page was started in Oct, 2016 , but with consistency , dedication , a positive attitude and support from you guys , this page has come so far.

Things change , your circumstances change . They dont change on their own , you change them , your dedication change them.

No one had thought during the initial stages of this page that it would come so far .

Many doubted my decision . But i changed it .. because i believed in my idea . Don't let anybody's perception about your decision change your mindset. Take feedbacks but be selective .

Take constructive feedbacks and distant yourself from negative feedbacks.

My name, though not known by many but my creation's name as Cap_Pinterest has given me a special Recognition.

Life is unpredictable, you dont know what is going to happen next minute even. But helping and motivating others surely helps you in achieving your dreams.

Earlier , I was not aware of using Social media this way . I was trying to make my carrier in commerce profession . But things changed.

When i believed in myself , i found few people too who believed in me amongst many who didnt . And to be honest it was enough for me .

They supported me, they helped me to stand, they helped me to walk .

And here i am now , as an Influncer .

Sky's colour change from Blue to black, Leaf's colours change from Green to Brown..
but I will never let the colours in me change or fade.

Observation is the key to success. And smart work is important too. Don't go after your problems , go after the solutions to your problems.

From what i have observed from this cap community and you artists is that you need dreams to live . Just existing and blindly following others dreams and opinions will one day dull the light within you.

Dream about your success ,dream about your passion , work towards it .

Nobody's life is happening , we make our lives happening.

It all depends on you, whether to make your life boring, or make it happening..

My life is Happening and I am sure that it would be happening for ever.

I will make it happenig forever.

Learning new things every day, Interacting with new people, helping them out, and observing has absolutely changed my life.

Any person who comes in my contact .. I will try my best to help them out in making their life happening and interesting.

"Pani mei utar k toh dekho pajji...bahut ghehra hai!!"

सपने देखो , वो पूरा होते है ।

Looking for support ?? Dont worry i am there to help you.



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A Mumbaikar with a Dream & a Bucket List

Aashka Mewada

Instagram I'd : @aashku03



It is truly said *“Travel Feeds your Soul”*. One fine example to justify this is Aashka Mewada – A travel enthusiast , blogger & A Mumbaikar with a Bucket list to travel to places and experience the immense pleasure one could derive from Travelling. People crave for food, Legends crave for travelling. Craving for different adventures, diverse cultures, aura, climates is incessant for her and has been like a breath to a soul , just inseparable.

Being born and brought up in the City of Dreams , Mumbai. How could she be kept short of following her dream?

Dream??

Dream to travel, dream to live her life to the fullest, after all it's just one life that we have. Isn't it? She being a hodophile and a certified professional from The Florida Atlantic University took tourism as her profession and went up to complete her Post Graduation in Travel Tourism & Hospitality Management- from TSOE.

Let's have a look at the majestic Chhitorgarh Fort , Rajasthan from Aashka's lense



Place:- Chhitorgarh Fort Rajasthan
Built by Chitrangad Mori of 7th Century
(During Maurya Dynasty)

This place is also backed up by a story of a beautiful Queen named Padmini who was known for her mesmerizing beauty and married the king of Chhitorgarh. The Great Chhitorgarh Fort originally known as Chitrakut is the largest fort in India and a UNESCO World Heritage Site . Previously The fort was the capital of Mewar and is now located in the present-day town of Chhitor. Rajasthan is truly Incredible . Stay connected to know more about my journey and tourism.

Aashka Mewada (Travel Enthusiast & Blogger)

When artists share their secrets...!!

Akansha Gupta (ARTIST)

A Self-taught artist from Satna, Madhya Pradesh.

She works on realism with color pencils, watercolour, Acrylic oil and Realistic Portraits as her specialty.

She is fond of growing everyday and is exploring new mediums to add to her skills.

She's been kind enough to share with budding artist her Coloured Pencil Art Tips



5 Secrets of Coloured Pencils Unveiled

1. Use Professional Pencils

The quality of pencil that you use for your drawings is very important and directly related to your art success. Using low quality pencil will give low quality results. It is advisable to use high quality pencil to increase your chances of art success. Although low quality pencils are cheaper, try to avoid them. They just won't behave in the same manner as high quality pencils and eventually you're likely to encounter some frustration.

2. Drawing Surface

The texture(tooth) of the paper plays a vital role in how your marks will behave on the surface. Smoother surfaces, like Bristol paper, give smoother applications. While a smoother surface will give you a bit more control over the detail in the image, it also may limit the number of layers of color that can be applied.

3. Pressure applied on pencil

Adjusting the pressure while blending the colours affects the intensity and the resulting colour. Experiment to find the right combinations of pressure to get the colours and effects that you need for your particular application.



4. Layering

Layering colors produces more depth in the color and leads to a more realistic depiction of the scene. Layered colours can be related or similar colors or they can be complete opposites.

5. Don't rush and be patient

Many budding artists make the mistake of believing that results would be quick. They are discouraged and frustrated when they don't see immediate results. If you take your time, and work through each layer with patience, you're more likely to find success with your colored pencil drawing.

To know more about Akanksha Gupta you may contact her at below mentioned links :

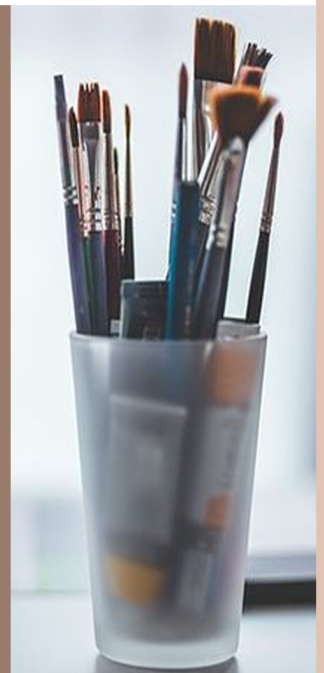
Facebook Page:
<https://m.facebook.com/AkAnkshAsketches/>

Facebook profile:
<https://M.facebook.com/zoya13>

Instagram link:
https://M.instagram.com/akanksha_artsncrafts/

Youtube link:
<https://youtube.com/akankshaarts/>

Twitter link:
https://mobile.twitter.com/akki13_artist/





MUSKAN DHIRWANI

POET

Instagram I'd

@muskan_dhirwani

No one doubts that COVID-19 is one of the direst threats the world has ever confronted. And yet, amongst the confusion and anxiety, there are ever stronger signs of hope and solidarity, a sense of, and desire for, togetherness. Amidst the pain that we continue to endure, we will find relief in the stories of hope and solidarity because there is always light at the end of the tunnel, and we can still hope that we can achieve something positive at the end of this pandemic . All we need to do is to keep up that "Jazbaa" ignited in our life . Here is a poem by Muskan Dhirwani which will help you keep up your "Jazbaa" in this time of stress and anxiety....

TO IGNITE YOUR "JAZBAA" !!

Jazbaa...

*Ee insaan ..yun hairan kyu hai tu ,
Maana manzil thodi door h par itna pareshan kyu hai tu ?
Mushkilein hi to h ,ek din tall jayengi ..
Yun fikra na kr tu ee musafir... ye tere andar ka jazba hi to hai
Jo ujala bankar teri raah ko roshan kar jayegi...*

*To kya hua jo kuchh din dur ho gaye tum unse...
To kya hua jo kuchh din dur ho gaye tum unse ..
Jo kbhi har sukh dukh m tumhare sath hua krte the..*

To kya hua jo kuchh din kahi gum hogaye wo thahake ..

*Jo kbhi aangan m rakhi un kursiyo pe
beth humare buzurg lgaya krte the...
To kya hua jo kuchh din thoda adjust krna pada to....
Ye tere andar ka jazba hi to hai
Jo teri mushkilon ko muskurahato m badal dalega....
Dekhna ek din fir mandiro m ghantiya bajegi
or masjid o mai azaan ke swar gunjenge....
Dekhna ek din fir wo natkhat kagaz ke plane
udakar khushi se uchhalenge*
Dekhna..

Dekhna ek din fir hum ek dusre se gale milenge
*Dekhna ye tere andar ka jazba hi tujhme
jeene ki ek nayi ummeed jaga jaayega....*

Poetry by :- Muskan Dhirwani

*The beauty of expressing through poems!!
Two beautiful expression of emotions by Pragati*



"बारिश और रेगिस्तान"

तुम बारिश और मैं रेगिस्तान...

तुम काले बादल और मैं राजस्थान।

तुम आओ कभी हमारे देश तो देखो कैसे सब खिलखिला उठता है,

तुम्हारे आने की खबर से ही मन का मोर नाच उठता है।

शिकायत है उन हवाओं से जो तुम्हें दूर ले जाती है,

बेवजह ही वोह मुझ से और इंतजार करवाती है।

जानती हूँ हमारा मिलना मुश्किल है,

मगर हम कोशिश भी ना करें यह कहां का उसूल है?

"कलाकार का किरदार"

हर किरदार की एक कहानी होती है,

कुछ दिल दहलाने वाली , तो कुछ रूहानी होती है।

हर कलाकार का एक किरदार होता है,

उस किरदार पर ही उसका जीवन निसार होता है।

वक्त की मांग पर कलाकार बदल जाएगा,

मगर कहानी में उसका किरदार वहीं पर थमा रह जाएगा।

तुम कुछ ऐसा करो कि मिसाल बन निकलो ज़िन्दगी के हर इम्तेहान से,

अपना कुछ ऐसा किरदार गढ़ो इस जहान में ।

 @siyahi_ka_noor

**CHESHITA MARWAH**

FASHION DESIGNER & BLOGGER

Instagram I'd : @aesthetic.lady

Journey from an admirer to a creator

Being addicted to the internet means..You're getting too much of a good thing. I used to admire so many bloggers and now am one of them, known as aesthetic.lady on instagram. I love to inspire people to not waste a single piece of cloth by sharing my ideas on how to style one thing in several incredible ways and also DIY tutorials to renew the old boring clothes. My motive is to aware people that repetition of clothes is not a taboo , instead it shows how creative you are.

The art of capturing story on Canvas



BHOLA MANDAL

(ARTIST)

Instagram I'd : [@the.icdb](https://www.instagram.com/the.icdb)

“Learn yourself, Believe yourself, Take risk, give your 101% effort and achieve the milestone”.

Hi, myself Bhola Mandal I'm from West Bengal. I am a Sketch Artist. While everybody wants a government job, I prefer to go with my hobby. I always try to display a story through my Sketches as you can see my biggest artwork of MSD, 12 different photos of MSD on one paper and it tells about his journey. Efforts of uncountable hours with full dedication and I always try to give my best through my heart, brain and soul.

While drawing such hyper-realistic portraits you can't move your eyes for a moment, it's a test of your patience level. And as an artist, after completing a sketch which takes many hours to draw I don't want any defects on it. I always try to capture a story of someone upon a drawing paper and I hope when that person watches my sketch it will give him/her satisfaction.

If you want to see more artworks you can visit my Instagram page([ig/the.icdb](https://www.instagram.com/the.icdb)).

My Journey

When I was a child I learn about Pastel colours and Watercolour. At that time Becoming an Artist was just a dream. Later I stop drawing due to the pressure of my studies. There was a time when I used to think that maybe I would not be able to do any more drawing.

But then a miracle took place, back to mid-2018 one day I was watching some videos on youtube just then I came across a video related to drawings and then after watching that video, a feeling came from inside me. I too used to do all this. Can I do all this again?

That time I did not have much knowledge about sketch and materials but I went to the market and just bought some basic drawing materials which cost only 50 rupees. And then I did not stop. There was not much support from my family but I never gave up.

I watched drawing tutorials, Followed some great artist and continued to work. And today after 2 years I possess drawing materials worth ₹ 10,000.00 rupees which I bought from my own savings.

Learning never ends. I'm still learning. Throughout these two years, I have drawn lots of sketches and also experienced lots of things and hope I will do more beautiful Sketches.

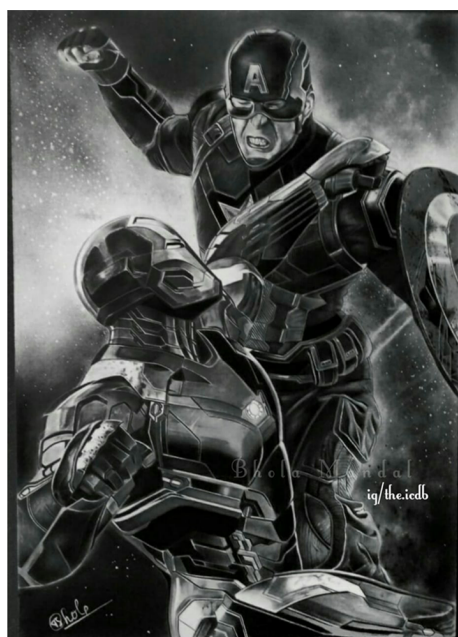
I love to do Portraits, Hyper-realistic sketch, big project works etc. Besides drawing I am also a writer. I write about self-confidence, motivational quotes, about nature and I also love to write on music.

*From the days of the crawl,
Till today when I get sick,
You think about me the most.
From fulfilling every wish of childhood,
To fight against the violence around me,
you are the best but not only Father,
you are also god for me.
The more I write it will be short!
To all the fathers of the world,
wish you lots of health & happiness.
Happy Father's day*

[/the.icdb](#)
[/the.bhola](#)

Bhola Mandal

A view on Art :



For queries- theicdb002@gmail.com
Instagram- [@the.icdb](#)

The journey of a talented kid to a professional artist.

It is very rare to find such a talented personality.

C
H
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P
T
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07



Gaurav Babu Dessai

Instagram I'd : @gauravdessaimusic

This boy at the age of 6 got inspired by a person playing tabla in a temple & started banging utensils in the house. Used to borrow a tabla from a neighbor & practice on his own. Looking at this enthusiasm his dad bought him a new set of tabla.

His parents played a very important role in his entire career. His mom used to walk kms to temple with heavy tabla so that Gaurav can play tabla there.

Looking at that small kid playing tabla, a man approached his mother and enquired where he got his lessons in Tabla. To his surprise he found out that this kid is born talented and asked his mother to get him enrolled in a professional class

He started his classes in Tabla under Guru Shri Surya Shetye at Vidhya Dhiraj Bhavan, Vasco at a tender age of 7.

He was also a part of his school band where he played tabla & won many prizes for his school.

At the age of just 11 when on one fine day when he was practicing for a school competition, he just tried playing Harmonium & to his surprise he played quite well like a fully trained person. All were surprised, including himself. That is when he realized that he can play harmonium. It was indeed a God gift. Along with all this, he was very good in his studies too.

He cleared his SSC with 1st class & opted Science as his HSSC Stream. Being a bright student from childhood, expectations were always high from all his family members.

One day He saw his fellow musician playing Keyboards and felt like playing them too. He asked his dad for a keyboard & his dad bought him a brand-new Yamaha Keyboard. The boy learnt keyboard on his own & started playing in College.

In 2010 Gaurav participated in the State Youth Festival in Tabla Solo. He was then selected for National Level for the National Youth Festival which was held at Orissa. It was a great opportunity & great experience performing with some great artists from all over India.

But they say, Life is never an easy task. Though Gaurav was a bright student, he never understood Chemistry & he couldn't clear his 12th. The biggest torture for him was when he was attending a family wedding & his 12th results were out. Almost everyone at the wedding got to know his results. Taunts from everyone were ofcourse discouraging.

But Gaurav had decided that he has to prove himself. He then took admission for a Diploma in Civil Engineering. The boy cleared his Diploma in Civil Engineering with 1st Class. During his diploma he worked as a part time trainee for experience & started taking his own construction contracts.

In 2011, Gaurav was invited as a Judge in Don Bosco College of Engineering, Fatorda for a Musical Event. It was his 1st Judging. After his Diploma, he applied for B.E. Civil Engineering & got admission in Don Bosco College of Engineering.

In 2016, Gaurav was awarded as Topper in Concrete Technology & was felicitated by Ultra Tech Ltd. On World Concrete Day at Hotel Fidalgo for an International Conference. Gaurav attended many National & International Conferences & seminars.

In 2016, Gaurav was appointed as the Chairman of Indian Concrete Institute. Under his Chairmanship he organized many Seminars, Events, Educational Tours, etc.

In 2017 Gaurav as a Chairman, organized a National Level Tech-Fest: Sankriti 2017. The event was a Grand Success & was Goa's one of the Biggest National Level Tech-Fest.

Soon after his B.E. he got a job offer & he joined as a Project Engineer in a reputed Company. He was handling 4 construction sites. Too much work pressure wasn't a problem for him at all. But somewhere he felt he can't give any time to music, since the construction work used to go for day & night.

He was all frustrated & 1 day he left his job. Pressure of being jobless & sitting at home was tremendously felt by him. He then decided that he had to do something & decided to make his career in Art & Music. He then started practicing & perfecting his music skills.

Gaurav used to tie a speaker to his bike & carry his Tabla, Cajon, Mics, Mic stands & other stuff on his bike & used to travel from Vasco to Margao & used to perform for free on beaches, streets, restaurants, etc. for publicity. He just had 1 vision, that is to make his name in this field.



He then formed his own band “Unplugged Trio” & started performing in restaurants.

He was then given an opportunity to perform with his band at Deltin Casinos. The boy grabbed the opportunity & his band got to perform there on Regular basis.

Slowly he kept on updating & improvising his band & became Goa’s 1 of a Unique Band which uses only 2 instruments & making wonders.

Till date he & his band have performed at almost all Top Resorts in Goa. Recently his band performed at Hero Indian Super League Promotion.

Along with this Gaurav started his own Event Management Company named “Dream Creations”. Taking orders of Decoration, Sound, etc.

From childhood he had decided to learn to play all possible instruments.

Gaurav can play multiple Musical Instruments which includes Tabla, dholak, dholki, pakhwaz, harmonium, keyboards, guitar, cajon, drums, octapad, handsonic, mouth organ, melodica, ghumat, shamel, taaso, etc. Except for tabla, all other instruments are self learnt by Gaurav. He has all the above mentioned instruments with him & still has a will to learn more instruments.

Gaurav is also a part of Curchorem Kakoda Shigmotsav Samitee, playing taaso in the group. He is also part of the groups like Kalasakt Curchorem, Sai Krupa Vasco, Yuva De Goa Margao. He has accompanied & performed with all top artists in Goa.

Along with his career in Music, Gaurav has also kept the Civil Engineer alive in him. He takes up his own Construction Contracts.

So far Gaurav has judged 58 Singing & Musical Events & Competitions all over Goa.

Recently he along with some artists across Goa has formed a group named “Unplugged Vibes” & has recorded a Goan Konkani Folk Song which has a mixture of some old forgotten Goan folk songs. The recording is done at Art & Culture Studio & are in process of video shooting. Very soon the Video will be released.

Gaurav never feels shy about anything. He believes in himself. No matter what negative you tell him, he’ll take it in a positive way. He will find a way out to every problem. He always takes taunts in a positive way. Never gets discouraged.

Whenever he gets time, he records his songs & uploads them on social media platforms which is his favorite hobby.

He loves to learn new things. Gaurav has recently learnt Sound Engineering & is still learning.

Gaurav believes that, “If you have talent & if you don’t work for it, it is a waste of being talented. Practice (Riyaz) Plays a very important role. And never misuse your talent”.

His thing is like whatever you are doing, either do it to perfection or don’t do it. Talking to Gaurav means you get filled with positivity. The boy who had failed his 12th has proved himself, how to take Failure as a Challenge. He always says “Even if anyone criticize you, take it as a challenge”

He is Always ready to help, no matter what the situation is. He believes that God has been there with him throughout & will always be there. His Parents have supported him throughout.

A kind hearted, jolly, down to earth, helpful, talented & a brilliant personality is really hard to find.

Aestheticaa



An initiative by a well-known creator and artist DEEPIKA V KAPOOR. She started teaching art in the year 2003 and is well known for her teaching in a unique and creative manner by exploring different approaches to paints, brushes, canvas, paper and more. She is an experienced calligraphist and it's her forte. She conducts classes regarding sketching, Painting, Calligraphy, Canvas painting, Clay moulding, Best out of waste arts, etc. She keeps organising events to boost confidence in budding artists and these events are judged by renowned artists. She also plays a crucial part in organizing events. Recently she helped in organising event on "World Environment Day" with "Bhoomi Arpan" and "Together we can Foundation" where children showcased their talent through writing slogans and painted their creative skills on environment. Aestheticaa spread its wings in the year 2016 in Noida. Since then it has been an insightful momentous journey. It regularly organises art competitions and events and help students in their school projects to enhance their creativity skills.

Aestheticaa offers art workshops in a creative environment that supports the budding artists in their journey of exploring the language of art. Also, we help to Enhance your child's creativity process by bringing their imaginations on blank paper through a study of the physical realities of Painting, Drawing & Sketching. We offer one-of-a-kind art classes as we make your child explore selfexpression, creativity and artistic techniques. We also offer to build skills for the art of calligraphy where you learn to write cursive decorative handwriting to trace the letterforms and eventually forming words and positioning those words on the page. "

“Every artist dips her brush into her own soul, and paints her own truth into her pictures.”

– Henry Ward Beecher

Recently, Aestheticaa also celebrated the longest day of the year i.e 21st June 2020 by organising “SPECIAL ART AND CRAFT COMPETITION”. Students aged 3-15 years participated in the competition and got an overwhelming response from students all across India. More than 50 entries were received from Gujrat, Tamil Nadu, Bangalore, Kolkata, and other states. This competition was judged by none other than Mr. SANKAR THAKUR, who is a multi-talented and highly creative, a Fine art teacher and digital creative artist. He was amazed by the wonderful art work done by Aestheticans and appreciated on our endeavours to help budding young artists to get platform to showcase their talent on. Our motto is to help the budding artist by bringing their creative thoughts on paper and Giving recognition and a platform to each one of them. Also, we help in developing connections between the artists and the mentor so that a understanding is created and young artist is motivated to paint his creative thoughts. All the classes offered by aestheticaa focus on stimulating new ideas, and refreshing approach towards art by learning unique way of making art. Also, we help your child in exploring the magic of art by enhancing their creativity and making them learn to paint, sketch and prepare canvasses in a new unique manner.



DREAMKRAFTERS

(Where art meets passion)

(By Sakshi Sureka & Jyoti Sureka)

Professionally Interior Designers, but Passionately Artists. Truly a "One stop destination" to give life to your boring and dull places and things.

Quirky at mind with immense love for Colors, this Young & Crazy at heart Sister- Sister in Law Duo introduced their Joint venture Dream Krafters by Sakshi Sureka & Jyoti Sureka to bring ideas to reality.

Though they learned the art of mending walls but their heart wished to mend Beautiful Smiles.



Yes they crave for Creativity!!

You give them something of waste even at 3 am, they would make sure to get you the best keep saver for gifting the very next morning.

They have always looked for innovative ideas & can't stop putting them into reality when they come across open house spaces, Gifting occasions or their Canvas.

Well, they started with making portraits & later with lots of Love & Blessings founded Dream Krafters

to bring a unique touch to all your occasions.

From Paintings to brighten your house, to keep savers. From Portraits for your Memories, To Painted T-shirts for celebrating your happy moments.

From Wooden Carving Portraits, To Wooden Printed Décor.

From all the Customized Products, to Creating all the Best from your Wastes.

Yes, they do everything, Gifting, Favors & Stationery , for Weddings, Birthdays, or any of your Parties or just a Painting for any kind of Decor for your House!

Got something in mind! Can't get into reality? Call Them

Got something in heart! Can't express it out? Call Them

PS: Hand Sakshi with her Cold Coffee & Jyoti with her chocolate Bars and they both with their Canvas & some Stationery, wouldn't stop for hours!!

Get in touch or maybe just help them grow!

Instagram: @dream_krafters

Facebook: @dreamkrafters

Email: krafters.dream@gmail.com

Tips for pencil Sketching unveiled

HARSHIT GUPA (Artist)

Instagram I'd : @harshit_1237788

Email I'd : ranjanag11111@gmail.com



Hi, I am Harshit Gupta, a 15 years old from Gwalior, Madhya Pradesh and a self-taught artist. I work using different mediums such as graphite pencils, colour pencils, water colours, soft pastel etc. Here are some of my basic tips of pencil sketching for beginners and amateurs.

1. Draw Regularly

If you want to be a good artist then you should draw anything whether it is a portrait, cartoon, sketch, still life etc. Try to give at least half an hour to drawing.



2. Increase Observation Power

Precise observation is an ornament for an artist. The best way of increasing observation is meditation. Also, you should try still life drawings. It is the best way for increasing observation. The simplest way of practicing still life is to keep your palm beside your drawing sheet and try to draw it.

3. Don't go for high quality drawing materials

Most of the beginners think that they can't draw well because they do not have high quality drawing materials ,but this is not true .You should first go with pocket friendly materials and when you think that your drawing is improving, then you can switch to high quality material

4. Learn from your mistakes

While drawing, beginners commit a lot of mistakes. Most of the time they get fed up with their mistakes and leave drawing. Mistake is a human tendency. Even professional artists commit mistakes. So every time you should try to learn from your mistakes. To get review of your drawings, you can contact me on my email id:ranjanag11111@gmail.com



5. Follow your ideal artist

Always follow your ideal artist and carefully observe their work. Observe how they bring depths in drawing, how they draw hair, moustache, beard, how they shade clothes etc.

You may refer to some of my sketches. For more tips please subscribe to my YouTube channel - Harshit Art Mania.

Aramex

Courier Cargo Freight & Logistic Services.

SPECIALISED FOR INTERNATIONAL EXPRESS COURIER COMMERCIAL AND NON-COMMERCIAL

We have resumed our Express and Freight operations and we are ready to provide customized solutions to import and export, Aramex will be collecting and delivering those shipments in areas where pickups or deliveries are allowed, and in other areas, customers may have to drop off or collect their shipments from the nearest Aramex outlet.

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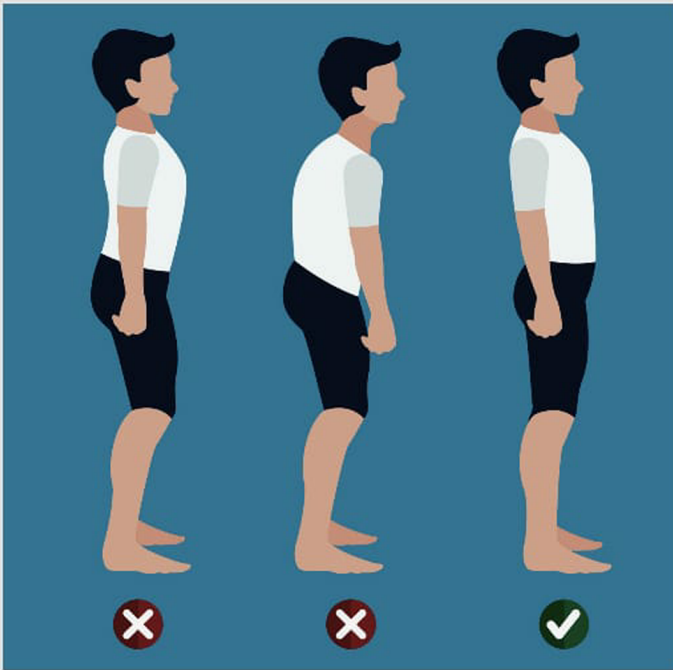
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CAP MOTIVATION

To bring that motivation to you in your tough times

Founded by Rishabh Vohra with an aim to remove negativity from one's mind and give them inspiration to focus on their goals He inspires people through his thoughts that bring about a change in minds of people and give them a motivation to start afresh and to work towards achievement of their goals .

This page was started in the year 2018 and since then regular thoughts are shared on this page to give that helping hand to a distressed soul. When someone is stuck in a situation and mind stops working, there is a need of light , an inspiration which would take them out of that darkness and clear the mind .The purpose of this page is to give that light in one's life and strengthen them to work towards their goal.With this aim in life this page was started to enlighten lives of people with positivity.Also, team of this page interact with people to guide them.

“I can't change the direction of the wind, but I can adjust my sails to always reach my destination.” by Jimmy Deam.

This thought gives an inner strength to a person who is stuck , to mould itself in a bad situation and focus on its ultimate destination.

If you are looking for some positivity you may contact us at @capmotivation and we will share our ray of light with you.

CAP MOBITECH

Arunim Mehrotra

About admin & page

1.To tell people about the latest mobile phones and latest gadgets and to give reviews for the same.

2. I see myself as a future entrepreneur and to make this page a huge success and to sell my self designed product on the page.



CAP SNAPS PINTEREST

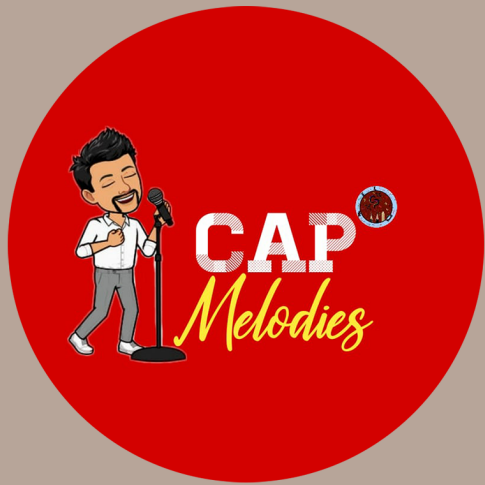
To Hey there, I am Prashant Saini, a student. Still studying but dreams something unusual than of my age people. I believes in hard-working rather than just dreaming. I was looking up for a team to make a better and strong team, then accidentally met Mayank Jain and got this opportunity. It was a awesome call for me and without thinking I accepted it and I am very much serious for the team as I was the first one to join the initiative. Ahead I am thinking of to expand our reach and starting newer things, more catchy and beneficial. Our Main motive is to support hidden talent, now we are trying to start something which can help those who wants to grow with their talent. Supporting people, helping them and all gives me happiness as much as nothing can't so maybe it won't lead me to the top but can give me happiness. Noone can predict future but our motive is to nurture your talent to grow it to highest.



CAP ART

You have to have more than yourself from which to create. Therefore, undertake to broaden and deepen yourself. If you do this, then your art will automatically reflect what you have learned, and be more interesting. But then you also have to be courageous, and offer it - and yourself - up to the world.





FOR THE MUSIC INSIDE YOU...

Some tips for you from your admin: @capmelodies. As I've always believed, 'music is a demeanor'. It's much beyond a hobby, a skill or an escape. Music is something inside you! The beats on the drums and those in your heart, the rhythm in your veins and those on the strings of the guitar, each of 'em is surrounded by music. Music is my way of escape from the ordinary. So let's have an in-league session about it and pull the music-maniac out of us all, together as always!

1. Set-up you need to follow to grow as a musician:

NOTHING EXCEPT YOUR LOVE FOR MUSIC, A CHARGED CAMERA PHONE AND YOUR REGULAR INTERNET CONNECTION.

2. Steps you need to follow:

- A. Record your singing/instrumental/musical video.
- B. Upload it on your Instagram account.
- C. Just tag @capmelodies on your post so that we can help you promote your talent-clip and create a better reach.

It is truly well-said, "An artist can never be unsuccessful.", no matter what field she/he chooses. Just be yourself, believe in yourself and shine up in the world.

Here's a quick 'n' short way to start up as a singer/musician on Instagram.

- 1. It's better to use a tripod or a home made DIY stand for your camera phone.
- 2. Don't let the background music (if using karaoke) or the instrumental music overshadow your voice.
- 3. Singing loudly and pronouncing the words clearly is a plus-point.
- 4. Being consistent with your practice routines and Instagram posts make you undefeatable.
- 5. Most importantly, welcome the reviews, never let the dislikes discourage you and work upon the flaws.

Wishing you all the luck!
Keep going. Be You.

Regards
Cap Melodies
(@capmelodies)

Admin: Lakshay Khanna
(@lakshaykhannamusic)

"WHEN WORDS ARE INADEQUATE, MUNCH SOME FOOD."

The journey inceptionally from a passionate musician to an artist, from a general school kid to a professional lawyer today, has been a real cluster of ups and downs. Starting from basic pencil drawings, paintings, charcoal sketches, doodle arts and the latest love for digital cartoon stickers, a whole lot of creative patterns have been a part of my artistic journey.



Be it my artistic passion or my occupational duty as an advocate, there has been one single element which has had an ultra soft corner in my heart, mind and most importantly in the stomach, that is FOOD! The ever-lasting love for food has on the one way or the other, led me towards what I desired to be.

It is truly well said, "A kid cannot learn with an empty stomach." i.e. it is not at all easy for someone to learn and grasp, as and when he's hungry! Food is something which can either make or even spoil our entire day. Our favourite food can even help us reduce our mental unrest and make us happier twice than before!

In my life, eating good food has been always on an equal footing with cooking it. Cooking food for myself and everyone is just my thing. From Pizzas, Burgers and Pasta to Desi Vada Pao, Street Chat and the mouth watering Rajma Chawal, cooking has been a way of escape from the ordinary for me! It is thus, said to just not care about what you're going through at the moment and have your favorite appetizer!



Here are some tips 'n' tricks for food blogging, which I felt needful to let you all know about:

1. You need NOT to have high-budget cooking ingredients or instruments, necessarily!

2. What you need? You just need your 'made with love' food with you, your smartphone camera and a little twist to its presentation or flavouring!

3. Be open with what you have! Make your own zaika and show it to the world.

4. Most importantly, be consistent with what you post, blog or share.

5. BIG REVEAL: I have read somewhere, if you need to create a masterpiece, just blend two different flavours and enjoy the zaika! (Ever had warm Gulab Jamun with Vanilla Ice Cream? If not, try it once!)

Cook healthy! Eat healthy!
Share what you got with @capappetite on Instagram so that we all can be in it together.

Be a Foodie. #beabhukkad
Much Love!

Food Army Signing Off
Cap Appetite
Admin: Mohit Khanna
(@mohitkhanna.mk)



OUR TEAM



MAYANK JAIN : FOUNDER

ADMINS



Mohit

For your food cravings



Lakshay

To help you with the musical Instruments

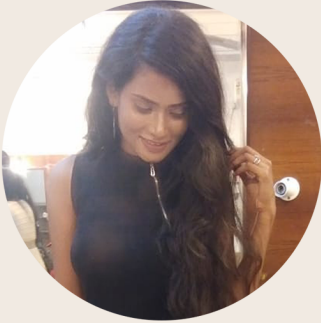


Cheenu

Who can help you with Trends and designing

OUR TEAM

ADMINS



Sujata

Who can help beginners in arts



Prashant

Who can help you in taking better pictures



Rishabh

To always motivate you



Aman Pratap Singh

Who can help you to know more about Bikes & Cars

OUR TEAM

ADMINS



Arunim

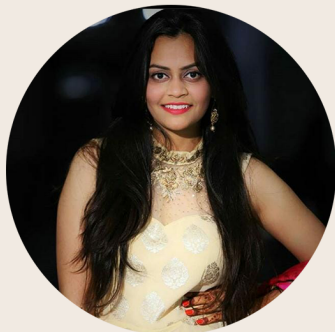
who can help you to know more about latest trends in Gadgets



Anshaj

Who can make you laugh by his memes

EDITORIAL TEAM



Srishti

Magzine Editor



Raaz

Magzine Designer



Mohit

Cover Designer



Mansi

Assistance